

**WE HELP TO OVERCOME ANXIETY OF**

LIFE AND CAREER  
CHANGE

LIMITED  
QUALIFICATIONS

LOW SELF  
ESTEEM

USING ENGLISH

**AND PREPARE FOR WORK  
IN INTERNATIONAL ORGANISATION**

Free development  
program  
**HELPING  
HAND**  
Edition III

**Training starts on 5 June 2023**



## What is Helping Hand Project?

This is a FREE, educational project for people looking for new job opportunities and interested in starting work in an international organization, focused on learning English, IT tools useful at work and the modern corporate standards. Our goal is the complex support around competences and preparedness for job interview and employment.



## Who is the project addressed to?

People in a difficult situation on the labor market, the unemployed, those at risk of losing their jobs or working below their qualifications, among others:

- caretakers of children and elderly people
- people with disabilities and health conditions
- refugees and immigrants
- those disadvantaged by their age or other diversity aspect
- people without corporate experience
- career returners, people after a long break on labor market

**We require communicative English speaking skills.**

### Benefits of participating in the project:

The project will allow you to:

- enter or return to the labor market
- increase self-confidence and motivation in seeking employment
- acquire new competences
- adapt to the new work environment
- prepare for recruitment (CV and interviews)

### In addition you will gain:

diploma of acquired skills and the opportunity for a support in recruitment.

**Project application and all classes will be conducted online.**



**Apply through the website: [www.stellavirium.org](http://www.stellavirium.org)**

Call: 509 20 60 33, 502 151 079, (12) 294 04 62

e-mail: [biuro@stellavirium.org](mailto:biuro@stellavirium.org)

**We are waiting for you!**



STELLA VIRIUM Foundation in Krakow, ul. Syrokomli 11/8

Project granted by State Street  
Foundation under Corporate Citizenship

**STATE STREET**  
FOUNDATION

Project co-created by STELLA VIRIUM Qualifications Development Foundation  
and State Street Bank Polska



**STATE STREET.**