

WE **HELP** TO OVERCOME FEARS OF

LIFE AND CAREER  
CHANGE

LIMITED  
QUALIFICATIONS

LOW SELF  
ESTEEM

USING ENGLISH

AND PREPARE FOR WORK  
IN INTERNATIONAL ORGANISATION!

Free development  
program  
**HELPING  
HAND**  
Edition 2



## What is Helping Hand project?

This is a FREE, educational project for people looking for new job opportunities and interested in starting work in an international organization, focused on learning English and Polish language, IT tools useful at work and the modern corporate standards. Our goal is complex support around competences and preparedness for job interview and employment.



## Who is the project addressed to?

To people in a difficult situation on the labour market, the unemployed, those coming from Ukraine (citizens and foreigners living in Ukraine), those at risk of exclusion of labour market in Poland:

- refugees and immigrants
- caretakers of children and elderly people
- people with disabilities
- people without corporate experience

We require communicative English speaking skills

## Benefits of participating in the project:

The project will allow you to:

- enter or return to the labor market
- increase self-confidence and motivation in seeking employment
- acquire new competences
- adapt to the new work environment
- prepare for recruitment (CV and interviews)

**In addition you will gain:** certification of acquired skills and the opportunity for a paid internship or permanent employment.

All classes will be conducted **online as well as project recruitment.**

**Apply through the website: [www.stellavirium.org](http://www.stellavirium.org)**

Call: 509 20 60 33, 502 151 079, (12) 294 04 62

**We are waiting for you!**

STELLA VIRIUM Foundation in Krakow, ul. Syrokomli 11/8

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